

## Daily Schedule

(approx times)

7:30am Room opens

Free play

Child's choice of art, floor toys, table toys,  
block play, reading area and more.

9am Free play in room

9:30am Snack

10:45am Group activity  
Stories & Songs

Outside play or  
Neighbourhood walk  
(or gym)

11:30am Lunch

12.30—2pm Sleep time

2:00 pm Quiet Play for children with  
shorter naptime.

3:00 pm Snack

3:30pm Gym

Spring/Summer/Fall—Outside play

Free play in room

5:30pm Room closes



**Christian Life Children's Centre**

*"A Home Away From Home"*

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**Teddy Bears**  
Toddler Room  
Ages 1-3

# Welcome

Welcome to the Teddy Bear room!  
We are very excited to get to know  
you and your family!



## Program Information

- Morning/Afternoon snack provided
- Sippy Cups with water provided throughout day
- No juice boxes please
- Slice grapes and hotdogs length-wise to prevent choking
- Pull-ups with side tabs only please
- Wipes provided unless sensitivity/allergies
- Sunscreen provided unless sensitivity/allergies



## Please Bring

To make your child more comfortable in  
our care, please provide the following  
items:

- Extra diapers & Pull-ups with side tabs that open please  
*(packs can be stored here)*
- Full change of clothing
- Extra underwear, pants, shoes, socks *(If toilet training)*
- Comfortable, safe indoor shoes  
*(no holies, flip flops)*
- A family picture to display
- Soother, bottle, stuffy etc. if desired



## Weather appropriate Clothing

### Summer

*Sun Hats  
Secure sandals*

### Fall/Spring

*Rain boots  
Splash pants  
Rain coat*

### Winter

*Snow pants  
Warm coat  
Hat/Toque  
Snow boots  
Mittens*

*Please label all items!!*

